

# Relationships & Recovery 101

## Using **Leganto** at Abertay University Library to Build a GBV Resource for the Community

Presentation for IGeLU, 15<sup>th</sup> September 2022

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This Project is supported by the Scottish Library and Information Council (SLIC) Resource Discovery Fund

# Before we begin...

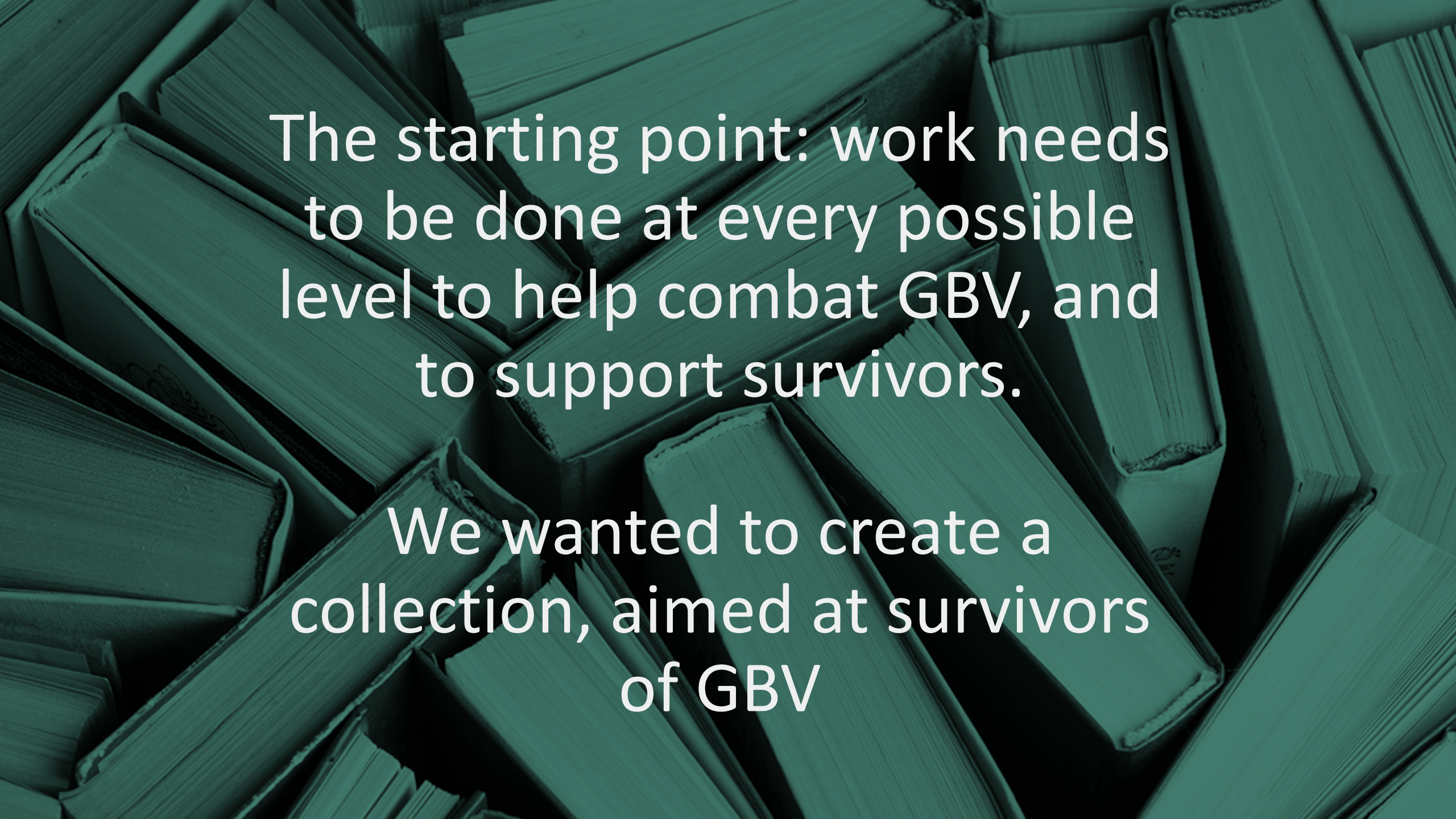
- **Content/trigger warning:**  
**Gender-Based Violence (GBV)**
- **Scale of the project:**  
**Far-reaching, we are not GBV experts**
- **Context/timeline:**  
**Significant delays, all research conducted 2019**

# About Abertay University



# About the Learning Resources Team





The starting point: work needs to be done at every possible level to help combat GBV, and to support survivors.

We wanted to create a collection, aimed at survivors of GBV

# Project Summary – where are we now?



- Rape Crisis Scotland (RSC)
- Equally Safe in Higher Education (ESHE)
- Women's Rape and Sexual Abuse Centre (WRASAC)
- EmilyTest
- Dundee Women's Aid
- Amina Dundee
- Funded by Scottish Library & Information Council (SLIC)





**“Relationships and Recovery 101: a reading list for learning about healthy and unhealthy relationships and how to recover from trauma”**

**A ‘first-step’ for survivors of Gender-Based Violence (GBV)**



# Relationships and Recovery 101: a reading list for learning about healthy and unhealthy relationships and how to recover from trauma

REL\_REC\_SLIC (2021-30, 2021/22 S1S2S3) [More info >](#)

☰ ☏ 🔍 ↗ 🔍



Where to go for help (24) >



General information (24) >



Healthy sex and consent (13) >



Recovering from trauma (34) >

**The list in Leganto:  
12 sections  
214 vetted items  
Quality management paramount**



**No 'GBV'  
collection or  
identifiers –  
reduce stigma**

**All fees are  
waived**

# Access & Availability: view privately without disclosure

- Leganto  
‘Enrollment job’
- Publication  
status ‘Anyone –  
Full’
- Visible by default  
in ‘MyLists’





**Referencing**  
inc avoiding plagiarism



**Subject Guides**



**Study Skills**



**Academic Staff**



**Contact Us**



**Reading Lists**



**Relationships &  
Recovery 101**

- Remove barriers to access and location
- Library homepage - most viewed page on the intranet

<https://intranet.abertay.ac.uk/library/>

**Building the  
list:  
Curation,  
expert input,  
sections,  
summaries**



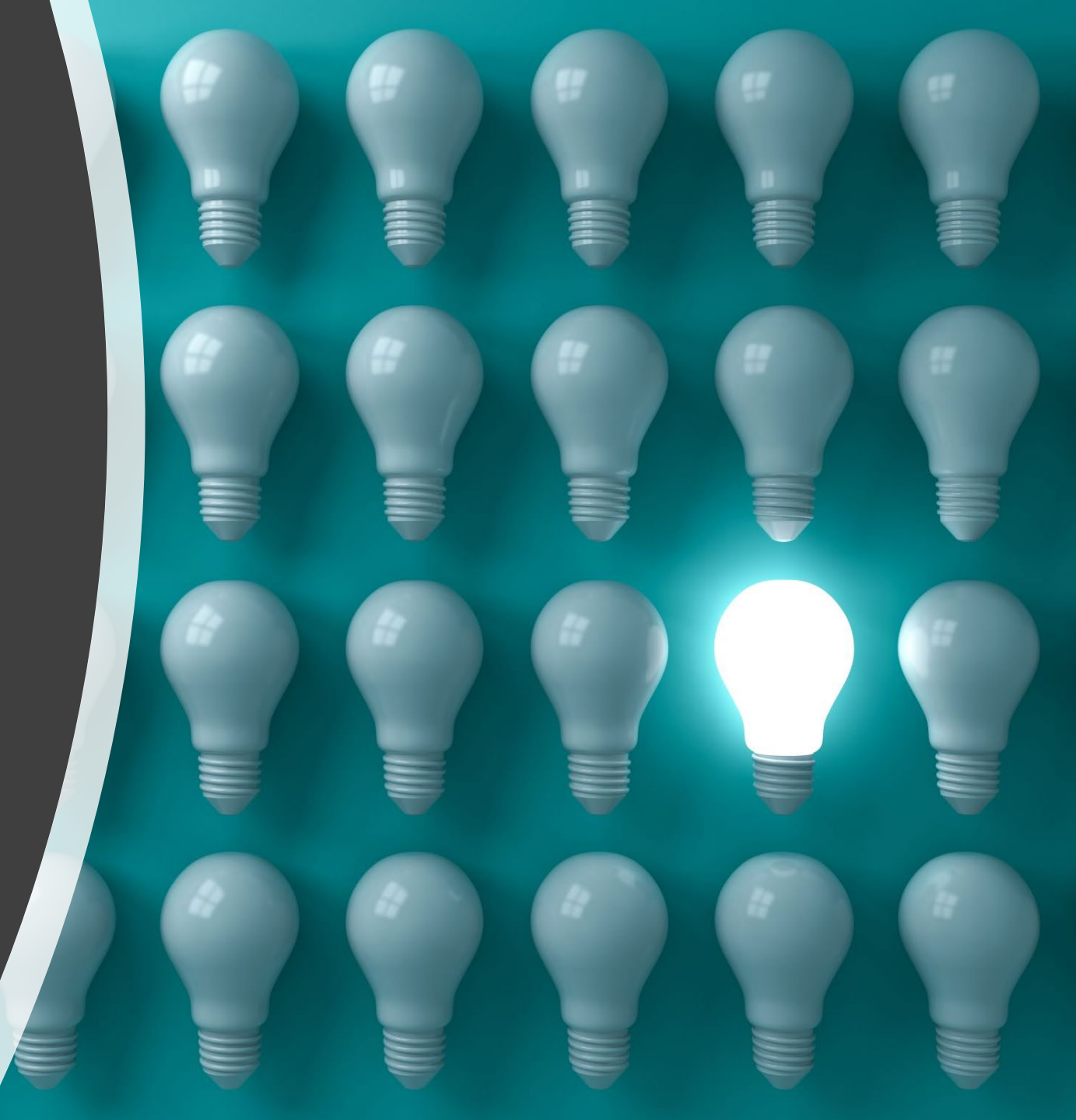
This is a broad list where you can find resources on recovering from trauma, information on sexual assault and partner violence as well as consent and healthy relationships. The first section is a list of places to go for help and resources for support.

Please note that this reading list is not meant to be a substitute for counselling, and there is help available from Abertay University Counselling services and other organisations outside of Abertay. This reading list is meant to be a useful tool and provide helpful information for yourself or a loved one.

There is information on trauma and recovery, sexual assault, what unhealthy relationships look like and how to get out of one. Unhealthy relationships can manifest in many ways, and don't always include physical violence.

If this is a topic you're interested in for absolutely any reason whatsoever, take a look at what we have. This reading list was funded by Scottish Library and Information Council (SLIC) and was curated in consultation with: Rape Crisis Scotland (RCS), Equally Safe in Higher Education (ESHE), Women's Rape and Sexual Abuse Centre (WRASAC), EmilyTest, Dundee Women's Aid, and Amina Dundee

- Healthy sex & Consent
- Recovering from Trauma
- For Survivors of Sexual Assault
- Unhealthy Relationships & Relationship Abuse
- Race & Sexual Assault Harassment
- LGBTQ+
- Male Survivors of Abuse
- Incest & Child Abuse
- Memoirs
- Resources for Families & Friends





# Healthy sex and consent (13) ✓



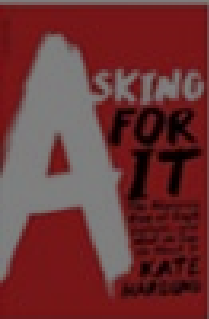
BOOK **Come as you are : the surprising new science that will transform your sex life** ✓

Nagoski, Emily,, Moen, Erika,, Melbourne :, Scribe, 2015., Total Pages ix, 389 pages :

*Note: This is an extremely thorough text about women's sexuality, and a must-read for every woman and e*

**Available** at Abertay Library Lending Collection : 613.954 NAG [View online](#)

**No content/trigger warnings on every item**



BOOK **Asking for it : the alarming rise of rape culture--and what we can do about it** ✓


Harding, Kate,, First Da Capo Press edition., Boston, MA :, Da Capo Lifelong A Member of the Perseus Bo

Total Pages vii, 261 pages ;

*Note: This is a really good book about how rape culture works -- the ways that rapists are let off the hook fo*

Available in Print Only

**Available** at Abertay Library Lending Collection : 362.883 HAR



**We wanted to create a  
collection, aimed at survivors  
of GBV – Leganto made the  
idea a reality**

# Importance of Leganto:

- Easy to use
- Proven success with students
- Powerful analytics



**Let's go back to the start – early 2019.  
It began with the research (of course)**



- Had any other HE Library done this before? No
- Librarians are uniquely placed to help
- Bibliotherapy as a reference point
- Survivors of GBV need discrete access to resources
- Equally Safe in Higher Education (ESHE) toolkit



**The library can holistically address the needs of its users by employing a trauma-informed approach to collection development**

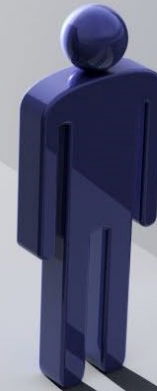


**“A Trauma-Informed Library”**

Dr Laura Chilcoat

**What did we find?  
A resource of this  
type did not exist!**

**What did we do next?  
Collate what there was and check for  
currency, relevancy, potential impact**



- Master list with consistent bibliographic data
- Titles checked by experts
- Can't do this kind of work without partners/experts in the field
- Screening process is vital – remove any items which may endorse myths or blame victims





**“Libraries as the first step:  
developing a collection for  
survivors of Gender-Based  
Violence at HEIs”**

**Scottish Library & Information  
Council (SLIC) Funded Project –  
bid submitted late 2019**

- Rape Crisis Scotland (RSC)
- Equally Safe in Higher Education (ESHE)
- Women's Rape and Sexual Abuse Centre (WRASAC)
- EmilyTest
- Dundee Women's Aid
- Amina Dundee
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- Awarded funding 28<sup>th</sup> February 2020
- Amended start date 30<sup>th</sup> April 2021
- Amended end date 31<sup>st</sup> June 2022
- Completed the creation and acquisition
- Work still to be done on promotion, feedback, reporting

## Where We Are: Some Examples of How Our Reading List is Used as a Support Tool

- September 2021 – Joint statement against GBV from Abertay & Dundee University included a link to our list as an internal resource
- UN 16 Days of Activism Against GBV – list included in the Abertay promotion & resources
- Used by Abertay Students' Association, Occupational Health, Counselling & Mental Health Service
- Linked resource in the online module completed by all first-year students at Abertay



## Anticipated outcomes, Goals, Impact

- Safe spaces, support resources, first steps to recovery
- Increased awareness of abusive behaviours – break the stigma
- Encourage collaboration
- Libraries at the centre of more active conversations
- Shared resource in HEIs across Scotland and the UK
- Build on the work we've done and share within Leganto
- Ex Libris involvement?!

## 3 key points to take away from today:

- Functionality of Leganto made this list possible
- Work with partners – input of GBV experts is crucial
- Our list is just the start – collaboration/a shared resource!



# Thanks For Listening!

Please contact us if you would like any more information about this project or to chat about how you can utilise our reading list at your institution.

View the list in Leganto: <https://Abertay.co/N2Ux>

Visit the Library homepage: <https://intranet.abertay.ac.uk/library/>

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