
✿ 3-Day Trip Around Northern Taiwan (Taoyuan and North)

Perfect for a group of 10 first-time visitors to Taiwan! This relaxed and fun itinerary mixes local culture, great food, a bit of nature, and the best of Taipei city life.

📍 Day 1 — Discovering Taipei: Tradition, Food & City Vibes

Morning - Chiang Kai-shek Memorial Hall

A classic Taipei landmark. Stroll through the beautiful grounds and catch the hourly changing of the guard.

- **Lunch at Yongkang Street**

A must-visit street for food lovers! Try Taiwan's famous beef noodle soup, Din Tai Fung dumplings (worth booking ahead), or simply snack your way through.

Afternoon - Longshan Temple & Wanhua District

Visit one of the city's oldest temples and wander around to experience the charm of old Taipei..

- **Dihua Street (Dadaocheng area)**

Great for walking around. Check out traditional shops, cute cafes, and maybe stop for some tea or a local dessert.

Evening - Night Market Fun: Shilin or Raohe

Dive into Taiwan's street food scene! Fried chicken, bubble tea, pepper buns, stinky tofu (if you dare!)

📍 Day 2 — Nature, Relaxation & Modern Taipei

Morning - Head to Beitou or Yangmingshan

Want some fresh air? Choose between soaking in a hot spring town (Beitou) or a gentle walk in the hills of Yangmingshan. Both are peaceful and photogenic.

Lunch

Enjoy a relaxing meal in Beitou or head back into town.

Afternoon - Taipei 101 & Xinyi District

Check out the iconic skyscraper, maybe go up to the observatory, or just explore the fancy shops and modern vibes around the area.

Later in the day — make a creative stop at Songshan or Huashan Cultural Park.

- End the day with a nice dinner — then either head to the airport or relax back at your hote

A Few Tips:

- Rent a van or minibus with an English-speaking driver if possible — makes things easier for a group.
 - Keep the schedule flexible so everyone can enjoy without feeling rushed.
 - Want to bring something home? Pick up local goodies like pineapple cakes, tea, or nougat.
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Day 3 — Old Town Charm & Coastal Views (懷舊山城與海岸風光)

Morning – Jiufen Old Street (九份老街)

Take a scenic drive (about 1 hour from Taipei) to Jiufen, a beautiful mountain village that once thrived as a gold mining town. Stroll along Jiufen Old Street with its narrow lanes filled with lanterns, tea houses, and local snacks like taro balls and fish cakes. Don't miss the iconic view from A-Mei Tea House — it's one of the most photographed spots in Taiwan.

Lunch – Traditional Tea House or Local Eats

Have lunch at a mountain tea house overlooking the Pacific Ocean, or enjoy a simple meal of Taiwanese noodles and street snacks from the old street vendors. It's a great place to slow down and soak in the retro ambience.

Afternoon – Pingxi & Shifen (平溪與十分)

Continue to Pingxi for a unique experience — write your wishes on a sky lantern and release it along the old railway line at Shifen Old Street. Then take a short walk to Shifen Waterfall, often called “Taiwan's Little Niagara,” for some fresh air and nature photos.

Evening – Tamsui Riverside (淡水老街與夕陽)

On your way back to Taipei, stop by Tamsui for a relaxing evening by the river. Enjoy a leisurely walk along Tamsui Old Street, try some local favorites like fish ball soup and fried fish crackers, and watch the sunset over the Tamsui River — one of the best sunset spots around Taipei.

A Few Tips:

- It's best to rent a van for the day as these mountain and coastal areas aren't directly connected by MRT.
 - Wear comfortable shoes for walking and bring a light jacket — the mountain weather can change quickly.
 - For groups wanting a shorter day, you can choose **either Jiufen + Tamsui** (for scenic views) or **Pingxi + Shifen** (for the lantern experience).
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Taipei Free Travel Suggestions (Focus on Gongguan & City Center)

 台北自由行建議 (以公館為中心 · 延伸市區)

Attractions & Culture / 景點與文化

• **Treasure Hill Artist Village 寶藏巖國際藝術村**

Old village turned into artist community with studios, cafes, murals.

老聚落改建，藝術展覽、小咖啡館與街頭塗鴉。

 MRT  **G07 Gongguan Station** Exit 1, 15 min walk

• **Museum of Drinking Water 自來水博物館**

This Baroque-style museum, built in 1908, showcases the history of drinking water in Taiwan.

展示台灣自來水歷史的古蹟，建於 1908 年，具有巴洛克風格。

 MRT  **G07 Gongguan Station** Exit 4, 10 min walk

• **Bopiliao Historic Block 剝皮寮歷史街區**

Restored Qing Dynasty street with exhibitions and cultural heritage.

清代街道修復，有展覽與文化歷史氛圍。

 MRT  **BL10 Longshan Temple Station** Exit 1, 5 min walk

• **Ximending 西門町**

Trendy district for shopping, theaters, youth culture.

潮流聚集地，有戲院、動漫商店、街頭表演。

 MRT   **Ximen Station** Exit 6, 1 min walk

- **Maokong Gondola & Tea Culture 貓空纜車與泡茶文化**

Cable car ride with scenic views, tea houses for traditional Taiwanese tea.

搭乘纜車俯瞰台北，山頂茶館體驗台灣茶文化。

 MRT   **Taipei Zoo Station** Exit 2, and then walk to the

 **Maokong Gondola Taipei Zoo Station** (about 350 meters).

© Traffic Information :

<https://english.gondola.taipei/cp.aspx?n=BD97BEED16EED6B8>

Food & Dining / 美食與餐廳

- **Tai Yi Milk King 臺一牛奶大王**

Tai Yi Milk King is a long-standing dessert shop in Gongguan, popular for its fresh fruit milk shaved ice and classic Taiwanese sweets.

公館老字號冰品店，以新鮮水果牛奶冰和多樣傳統甜品深受學生喜愛。

 MRT   **Gongguan Station** Exit 3, 8 min walk

- **Xin Dian Hotpot 辛殿麻辣鍋**

Spicy hot pot restaurants are a popular dining choice in Taiwan, featuring rich, fiery broths with a wide variety of meats and ingredients for a lively and flavorful meal experience.

麻辣鍋餐廳是台灣人聚餐首選之一，以香辣濃郁的湯底搭配多樣肉品與火鍋料，讓人邊涮邊吃熱鬧又過癮。

 MRT   **Gongguan Station** Exit 4, 4 min walk

- **GUANG YI 光一肆號**

A popular glasshouse-style brunch café in Gongguan, loved for its bright, artsy vibe and diverse light meals.

光一肆號是公館知名的玻璃屋早午餐咖啡廳，以明亮文青氛圍和多樣輕食料理受到年輕人喜愛。

 MRT   **Gongguan Station** Exit 3, 8 min walk

- **Fu Xiang Yuan Shanghai Restaurant 腹響圓上海食府**

Fuxiayun Shanghai Restaurant, located in the Gongguan neighborhood, is a Jiangsu–Zhejiang style Chinese restaurant helmed by top chef Fan Tian-mei, famed for its Dongpo pork and refined classic dishes.

腹響圓上海食府是位於公館商圈的江浙菜館，由亞太十大名廚范添美操刀，以東坡肉等功夫菜聞名。

 MRT   **Gongguan Station** Exit 3, 8 min walk

- **TEOTIHUACAN HAVE A NICE DAY BISTRO 好處特奧蒂瓦坎咖啡餐酒**

TEOTIHUACAN Have a Nice Day Bistro is a Mexican-style café & bistro in Gongguan, blending coffee, creative international dishes, and cocktails in a relaxed setting.

位於公館的墨西哥風格餐酒館，融合咖啡、異國料理與調酒，提供輕鬆氛圍與創意菜色。

 MRT   **Gongguan Station** Exit 3, 7 min walk

- **Gongguan Night Market 公館夜市**

Gongguan Night Market, located near National Taiwan University, is famous for its affordable street food, drinks, and lively student-friendly vibe.

鄰近台灣大學，以學生最愛的平價小吃、飲料與熱鬧氛圍聞名。

 MRT   **Gongguan Station** Exit 4, immediate access

- **Shilin Night Market 士林夜市**

Shilin Night Market is one of Taipei's most iconic night markets, famous for its wide variety of street food, local snacks, and lively atmosphere.

士林夜市是台北最具代表性的觀光夜市之一，以多樣小吃、美食攤販和熱鬧氛圍聞名。

 MRT   **Jiantan Station** Exit 3, 8min walk

- **Fong Sheng Restaurant 豐盛食堂**

Fengsheng Canteen is a Taiwanese “home-style” restaurant near Dongmen / Yongkang Street, known for its rustic nostalgia, diverse traditional dishes, and cozy ambiance.

位於東門 / 永康街區的台菜餐館，以樸實古早味家常菜聞名，環境懷舊、餐點

多樣。

 MRT   **Dongmen Station** Exit 4, 2 min walk

- **Ningxia Road Night Market: CHIEN SUI FEAST 寧夏夜市: 千歲宴**

The Ningxia Night Market “CHIEN SUI FEAST” brings together famous local snacks into a set, no-menu feast, offering a hassle-free way to taste Taipei’s classics.

寧夏夜市「千歲宴」結合多家人氣小吃，推出無菜單式合菜料理，讓饕客一次品嚐經典美食。

 MRT   **Shuanglian Station**, 10 min walk

Shopping & Lifestyle / 購物與特色體驗

- **Mitsui Shopping Park LaLaport 南港**

A large shopping complex in Taipei that combines retail, dining, entertainment, and family-friendly facilities.

南港 LaLaport 是台北大型複合式購物中心，集結百貨、餐飲、娛樂與親子設施於一體。

 MRT   **Nangang Software Park Station** Exit 2, 1 min walk.

© Traffic Information : <https://www.mitsui-shopping-park.com.tw/lalaport/nangang/en/traffic.html>

- **Nanmen Market 南門市場**

Nanmen Market is one of Taipei’s most iconic traditional markets, famous for dried goods, festive foods, and long-established local delicacies.

台北最具代表性的傳統市場之一，以南北貨、年節食品與老字號美食聞名。

 MRT   **Chiang Kai-shek Memorial Hall Station** Exit 2, 1 min walk

- **Taipei Main Station Underground Mall 台北車站地下街**

Shopping arcade for anime, games, fashion.

動漫、電玩、服飾、伴手禮。

 MRT     **Taipei Main Station** underground access

- **Syntrend Creative Park 三創生活園區**

The vast shopping mall houses dozens of high-tech electronics stores and

concept stores, as well as a food court.

占地寬廣的購物中心，有著數十間高科技電子、品專賣店與概念店，並設有美食廣場。

 MRT   **Zhongxiao Xinsheng Station** Exit 1, 4 min walk

- **SiSi Nan Village 四四南村**

Restored military village with weekend market & Taipei 101 view.

老眷村改建，有市集、台北 101 景觀。

 MRT   **Taipei 101/World Trade Center Station** Exit 2, 10 min walk

Daily Needs / 生活用品 (Gongguan)

- **Carrefour Market 家樂福便利購**

Mid-size supermarket for groceries, tea, souvenirs.

適合購買茶葉、泡麵、生活用品。

 MRT   **Gongguan Station** Exit 3, 6 min walk

- **Watsons 屈臣氏**

drugstore

藥妝店

 MRT   **Gongguan Station** Exit 1, 1 min walk

- **POYA 寶雅**

Supermarkets with daily necessities, beauty products, stationery, etc.

常見超市，有生活用品、美妝、文具等。

 MRT   **Gongguan Station** Exit 4, 4 min walk

Taipei MRT Route Map & Timetables

<https://english.metro.taipei/cp.aspx?n=1BE0AF76C79F9A38>

